

Family Life Education and Coaching (Certificate)

The Graduate Certificate in Family Life Education and Coaching prepares students to work with parents, professionals, and families as both family life educators and family life coaches. Family Life Educators (FLE) are strengths-based professionals who provide preventative research-based education to families in organized efforts designed to impart information, skills, experiences, or resources to strengthen, improve, or enrich their family experience. Family Life Coaches (FLC) partner with clients in a thought-provoking and creative process that inspires families to maximize their potential, reach goals, and achieve healthy relationships. Required courses are designed to strengthen the student's understanding and application of the critical aspects of family life coaching and education, including a strengthened understanding of the fields of coaching psychology and family life education. The 12-credit graduate program can be completed entirely online.

More Information

Distance Website (<http://online-distance.ncsu.edu/program/graduate-certificate-in-family-life-coaching/>)

Eligibility

Applicants must meet one of these requirements for admission to the graduate certificate program:

- Be a graduate of an accredited four-year college or university with a cumulative GPA of at least 3.0 at the time of graduation, or
- Be a degree student in good standing in a NC State University graduate program

Applicant Information

- **Delivery Method:** On-Campus, Online, Hybrid
- **Entrance Exam:** None
- **Interview Required:** None

Application Deadlines

- **Fall:** February 1 (International students); June 15 (US students)
- **Spring:** July 15 (International students); November 1 (US students)

Plan Requirements

Code	Title	Hours
Required Courses		9
YFCS 543	Applied Concepts in Parenting and Family Life Education	
YFCS 545	Family Communication and Coaching	
YFCS 547	Family Life Coaching	
Elective Course		3
See "Elective Courses" listed below		
Total Hours		12

Elective Courses

Code	Title	Hours
Select one of the following electives that most aligns with your professional interests:		
YFCS 502	Theories in Family Science	
YFCS 523	Family Relationships Over the Life Course	
YFCS 531	Effective Management of Family Resources	
YFCS 533	Complex Family Issues	
YFCS 537	Human Sexuality	
YFCS 552	Program Development & Evaluation in Youth & Family Settings	
YFCS 553	Applied Concepts in Child and Youth Development	
YFCS 585	Professional Ethics and Family Policy	